

## Referral for Medical Nutrition Therapy

### Patient Information:

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Day Time Phone #: \_\_\_\_\_ Insurance: \_\_\_\_\_

Address: \_\_\_\_\_

ICD -10	ICD – 10 Description

The above is referred for **medical nutrition therapy** as a necessary part of medical treatment and prevention for the diagnoses listed. **Please document all diagnoses that apply to this referral. Thank you!**

### Additional information/comments:

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### Referring Provider Information:

Name: \_\_\_\_\_

Referral Date: \_\_\_\_\_

Phone #: \_\_\_\_\_

NPI #: \_\_\_\_\_

Signature: \_\_\_\_\_

Fax #: \_\_\_\_\_

## COMMON ICD-10-CM CODES RELATED TO NUTRITION SERVICES

### No Specific Diagnosis (preventative)

Z71.3 Dietary counseling and surveillance

### Diseases of the Circulatory Endocrine & Metabolic Systems

I10 Essential (primary) hypertension

R73.03 Pre-Diabetes

R73.01 Impaired Fasting Blood Glucose

E88.81 Metabolic Syndrome

E78.5 Hyperlipidemia, unspecified

E78.0 Pure Hypercholesterolemia

### Weight/Growth/Malnutrition Related

E66.3 Overweight

E66.9 Obesity, unspecified

R63.5 Abnormal weight gain - not during pregnancy

R63.4 Abnormal weight loss

R63.6 Underweight

Z68.1 BMI 19 or less, adult

E46 Unspecified protein-calorie malnutrition

Z68.51 BMI, pediatric, less than 5<sup>th</sup> percentile for age

R62.51 Failure to thrive, child

Z68.53 BMI, pediatric, 85<sup>th</sup> percentile to less than 95<sup>th</sup> percentile for age

Z68.54 BMI, pediatric, greater than or equal to 95<sup>th</sup> percentile for age

### Diabetes

E11.65 Type 2 diabetes with hyperglycemia

E11.64 Type 2 diabetes with hypoglycemia

E11.9 Type 2 diabetes mellitus without complications

E11.8 Type 2 diabetes mellitus with unspecified complications

### Mental/Behavioral

F50.00 Anorexia nervosa, unspecified

F50.01 Anorexia nervosa, restricting type

F50.02 Anorexia nervosa, binge eating/purging type

F50.2 Bulimia nervosa

F50.81 Binge eating disorder

F50.82 Avoidant/restrictive food intake disorder

F50.89 Other specified eating disorder

F50.9 Eating disorder, unspecified

### Diseases of the Digestive System

K21.0 Gastroesophageal reflux disease with esophagitis

K21.9 Gastroesophageal reflux disease without esophagitis

K50.9 Crohn' disease, unspecified

K58 Irritable bowel syndrome

K59 Constipation

K90.0 Celiac disease

View more nutrition-related ICD-10 Codes here: <https://www.eatrightpro.org/-/media/eatrightpro-files/payment/medicare/nsc106-i---common-icd-10-cm-codes-related-to-nutrition-services.pdf?la=en&hash=0A68C07DE68D00FCD9602A78D73C5EA8B102B965>

The information requested above is Protected Health Information (PHI) and is the minimum necessary to execute the delivery of patient services. Please understand as a link in the "Chain of Trust," all PHI will remain confidential as mandated by the Treatment, Payments and Healthcare Operation Laws mandated by HIPPA.